

What to do when sexually assaulted?

- 1. Find a safe place away from the attacker. You may want a trusted friend or family member with you for support.
- 2. Know that the assault was not your fault!
- 3. If you are in immediate danger, call 911.
- 4. Medical treatment is available free of charge by calling the crisis line at 1-866-750-6474.
- 5. Don't change clothes, shower, or brush your teeth before the exam.

For more information please contact...



Silver Regional Sexual Assault Support Services

Phone (575) 313-6203

Fax (575) 388-1690

301 W. College Ave Ste. 11

Silver City, NM 88061

www.silverregionalsass.org

## SANE Services are provided at:

3201 N. Ridge Loop Dr. Silver City, NM 88061

## Crisis Line: 1-866-750-6474

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# Silver Regional S.A.N.E.

Sexual Assault Nursing Examiners



# What is S.A.N.E.?

Our SANE nurses are specially trained in medical forensic care of patients who have been sexually assaulted. They are trained to care for your injuries and collect evidence of the offender. They can also direct you to available support services. All services are free and confidential. Services are available all day, seven days a week, for adults and children of all genders.

#### The SANE Program includes:

- Trauma response
- The choice to collect sexual assault evidence
- Emergency contraception and a pregnancy test can be given
- STD treatment
- Confidential crisis intervention





## You do NOT have to go through this alone! We are here to help.

## What to Expect:

- You will speak with a SANE nurse privately about any help you may need. This may include learning about support services and planning for your safety.
- If you'd like to report the crime the SANE nurse or advocate can help you. You may be asked questions about the incident at this time to help the SANE nurse collect the most effective data. You can still have a free evidence collection exam even if you do not want to report the assault to law enforcement or press charges.
- If you choose, a SANE nurse will gather evidence of the sexual assault. This may include having pictures taken; clothing collected; and providing hair, blood, urine, or other samples. The SANE nurse provides any evidence to law enforcement.

## Benefits of Seeking Care:

- Most importantly, seeking physical and emotional care will help you through the recovery process.
- Infection treatment and prevention.
- Specialized care from a qualified and caring nurse.
- Emergency contraception to help prevent pregnancy.
- Help and support when/if pressing charges.
- Accurate evidence collection holds offenders accountable and leads to more prosecutions.
- Prevention of sexual assault to other members of our community.